



a progressive recovery community

Apricity Treatment Rules

In order to gain personal growth, the recovering person must be willing to learn certain responsible behaviors as they pertain to the recovery journey. These rules are a guideline to help keep Apricity a safe community and provide an opportunity to continue learning life skills.

General Information

The following are not allowed:

- Alcohol, mood-altering chemicals and paraphernalia
- Prescription or over-the-counter medications outside of the House Manager's Office
- Over the counter medication and supplements (unless approved by staff) (only exceptions are Ensure and Premier Protein)
- Weapons
- Pornography
- Mouthwash that contains alcohol
- Oil diffusers, plug-in air fresheners, candles and candle wax warmers
- Space heaters
- Televisions, computers, portable DVD players, MP3 players, and other electronic devices
- Personal valuables
- Clothing and or apparel that advocates or advertises the use of alcohol or drugs
- Inappropriate, immodest, or sexually revealing attire
- Vehicle (until approved by staff)
- Violence or threats of violence to anyone
- Bullying (which includes, but not limited to), belittling, insulting, intimidating, not respecting personal boundaries and harassment
 - Verbal abuse and harassment
 - Inappropriate sexual comments or behaviors
 - Inappropriate comments regarding sex, gender, race, nationality, ethnicity, gender identity, sexual orientation, and religion or lack of religion
 - Initiating romantic or sexual relationship with any peer
 - Sexual contact, comments, propositions or gestures with/towards anyone (staff, resident, or visitor)
- Gambling
- Lending money or personal items to peers
- Sharing cellphones with peers
- Paying or bartering with peers to do your chore
- Peers/visitors in bedrooms
- Visitors under the influence of drugs or alcohol
- Using client phone between 10pm-6am
- Touching a peer's laundry and mail
- Deep frying food
- Reburns
- Personal Furniture



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- Cardboard in the blue recycling bins outside (place cardboard in bins by the back kitchen door)
- Smoking/vaping and use of tobacco products in the building
- Extinguish cigarettes on the building or the ground (use receptacles provided)
- Hair cutting in the building (hair cutting is allowed outside)
- Hair dying
- Painting nails, other than at the dining room table
- Tattooing and body piercing
- Shoes on the furniture
- Laying/sleeping on furniture
- Moving or rearranging furniture
- Rugs/carpets
- Food delivery (whether that be grocery delivery or ordering food. This also includes people “dropping off food delivery's as well.”)
- Open food or beverages (except water) outside of the kitchen/dining room
- Eating other clients’ food or beverages
- Labeling community food as personal
- Tin foil or plastic wrap over food in the refrigerator
- Open beverages in the refrigerator
- Feeding wild animals

Chores:

- Chore List is kept with the House Manager
- The POW (Person of the Week) or House Manager can answer chore questions. Current POW will go over the POW expectations with the new POW on Wednesdays
- Trading chores must be approved by staff
- Chores need to be maintained throughout the day and fully completed after dinner
- Expectations are listed on the chore list

Bedrooms

- Beds to be made & rooms cleaned by 8:00am M-F & by 12pm on Saturday & Sunday
- Belongings must fit neatly in your dresser and/or closet
- Sealed food or beverages may be stored in rooms; nothing opened
- Items can be hung from cork board only



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Wake-up/Bedtime/Curfew:

- Wake up: Mon.-Fri. 7:00am & Sat. & Sun. 9:00am
- Bedtime: Sun.-Thu.10:30pm & Fri. & Sat. 12:30am
- Curfew: Sun.-Thu. 10:00pm & Fri. & Sat. 12:00am

Visitation

****There's currently no visitation due to COVID-19****

- Saturday 1:00-4:00pm, when off of orientation
- Visitors must sign in and be admitted by staff
- Visitors allowed in common areas only
- Children must be with parents at all times.

Client Phone: Detailed expectations posted by client phone

Kitchen: Detailed expectations posted on refrigerator

Laundry: Detailed expectations posted in laundry room

Mail: Detailed expectations posted by client mailboxes

TV: Detailed expectations posted by TV's

Miscellaneous Information

- Dinner and announcements are at 5:00p.m
- Medication times are posted at House Manager's Office
- Packages, personal items and rooms will be searched by staff
- Belongings will be stored 30 days from the date of discharge
- Maintain confidentiality in regard to others
- Smoking in designated area only; use receptacles provided
- Sign the "In and Out Sheet", move your magnet, and notify staff when you leave or return
- A clear/covered cup provided upon admission; replacement \$5.00 (do not microwave)
- Any beverage container needs to be clear, covered and labeled with name
- Coffee is available from staff prior to 6:00pm
- Fully dressed to include socks or shoes in common areas
- Maintain personal appearance and hygiene
- Electric hair devices must be unplugged when not in use
- Windows must be closed and locked unless otherwise instructed
- Burning sage is allowed outside
- If you would like a COVID vaccine, please see the Clinical Supervisor
- Face to face contact is required when signing in and signing out



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I have read the Apricity Rules and agree to abide by them while a resident of Apricity. I understand that failure to comply with the Apricity Rules may result in my termination from treatment services. I understand that Apricity staff members reserve the right to modify or amend the rules as needed. This list is not comprehensive and some rules may not be expressly stated.

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