



a progressive recovery community

What to pack/What to leave at home:

What to bring:

- 7 days' worth of clothing (laundry facilities, detergent, etc., are provided)
- Comfortable footwear and winter outerwear for walks
- Hangers
- Toiletries: shampoo, conditioner, soap, razors, deodorant, shower shoes, etc.
 - Caddy is provided for transporting toiletries to and from shower
- Spending money (optional, but we go as a group to Kwik Trip once a week)
- All food is provided, but you are welcome to bring a favorite snack and/or alcohol-free beverage
 - All food/beverages must be unopened or in a sealed bag/container and must fit into a locker. The dimensions of the locker are 14.5" deep by 10.5" wide and 8.25" tall
- Medical clearance paperwork, if applicable
- Photo ID & Health Insurance card if possible
- Alarm clock is provided, but if you want one with a radio you may bring your own (with name on it)
- Fan with name on it (optional)
- Laundry basket is provided, but you can bring your own if preferred (standard size only/no wheels or hampers) with name on it

What to leave at home:

- All electronic devices
- Drug or alcohol related clothing; inappropriate or revealing attire
- Mood-altering substances
- Mouthwash with alcohol
- Hair dye
- Body wax
- Paint



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- Vehicle
- Plug ins, candles, wax warmers, diffusers
- Sentimental items or valuables
- Weapons
- Pornography

We allow drop-offs on **Saturdays between 11:15-11:45am** and **Tuesdays between 1:30-2pm**. If a loved one attempts to drop something other than medication off outside of this day/time, they will be turned away along with all items, and asked to return during designated drop-off times.

Any questions can be directed by calling the admissions coordinator 920-215-2958. If you cannot reach them and you need immediate assistance, call the house manager at 920-731-3981 ext. 0