

**What to bring:**

7 days' worth of clothing: laundry facilities and supplies provided. (All clothing and shoes, etc. have to go through our dryer, no exceptions will be made. Apricity isn't responsible for damaged items).

Hangers

Fitness attire, swimsuit/swim shorts for working out.

Toiletries: shampoo, conditioner, body soap, razors, deodorant, shower shoes, etc.

30-day supply of medications plus two refills.

You will need to bring your own pillow (with your name). Apricity provides 2 towels, mattress pad, sheets and a quilt.

Spending money for incidentals.

All food is provided, but you are welcome to bring a favorite snack and/or alcohol-free beverage. All food/beverages must be unopened or in a sealed bag/container. *An 11x14x8 inch locker will be provided, and all food/beverages must fit inside—Nothing can be kept in the bedroom.*

Medical clearance paperwork if applies.

Picture ID

Health Insurance card

Alarm clock with name on it (with radio is allowed).

Fan with name on it (optional).

Laundry basket with name on it.

Face mask

**What to leave at home:**

All electronic devices (electric razors and electric hair devices allowed)

Drug or alcohol related clothing, Inappropriate, immodest, or sexually revealing attire.

Mood-altering substances

Mouthwash with alcohol

Hair dye

Body wax

Vehicle

Plug ins, candles, wax warmers, diffusers

Sentimental items or valuables

Weapons

Pornography

**\*\*\*Please keep in mind that we allow drop offs on Saturdays between 9:45-10:15am and Tuesdays between 1:30-2pm. If a loved one attempts to drop something other than medication off outside of this day/time, they will be turned away with what they've brought. \*\*\***

**Our facilities have 24-hour security video recording**

REV. 7/19/2023

WHAT TO  
BRING/GENERAL