



a progressive recovery community

## Apricity Treatment Rules

In order to gain personal growth, the recovering person must be willing to learn certain responsible behaviors as they pertain to the recovery journey. These rules are a guideline to help keep Apricity a safe community and provide an opportunity to continue learning life skills.

### The following are **not** allowed:

- Alcohol, mood-altering chemicals and paraphernalia
- Prescription or over-the-counter medications outside of the House Manager's Office
- Over the counter medication and supplements (unless approved by staff) (only exceptions are Ensure and Premier Protein)
- Weapons
- Pornography
- Mouthwash that contains alcohol
- Oil diffusers, plug-in air fresheners, candles and candle wax warmers
- Paint
- Space heaters
- Televisions, computers, portable DVD players, MP3 players, and other electronic devices
- Personal valuables
- Clothing and or apparel that advocates or advertises the use of alcohol or drugs
- Inappropriate, immodest, or sexually revealing attire
- Vehicle (until approved by staff)
- Violence or threats of violence to anyone
- Bullying (which includes, but not limited to), belittling, insulting, intimidating, not respecting personal boundaries and harassment
- Verbal abuse and harassment
- Inappropriate sexual comments or behaviors
- Inappropriate comments regarding sex, gender, race, nationality, ethnicity, gender identity, sexual orientation, and religion or lack of religion
- Initiating romantic or sexual relationship with any peer
- Sexual contact, comments, propositions or gestures with/towards anyone (staff, resident, or visitor)
- Gambling
- Lending money or personal items to peers
- Sharing cellphones with peers
- Paying or bartering with peers to do your chore
- Peers/visitors in bedrooms
- Visitors under the influence of drugs or alcohol
- Using client phone between 10pm-6am
- Touching a peer's laundry and mail
- Deep frying food



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- Reburns
- Personal Furniture
- Cardboard in the blue recycling bins outside (place cardboard in bins by the back kitchen door)
- Smoking/vaping and use of tobacco products in the building
- Extinguish cigarettes on the building or the ground (use receptacles provided)
- Hair cutting in the building (hair cutting is allowed outside)
- Hair dying
- Painting nails, other than at the dining room table
- Tattooing and body piercing
- Shoes on the furniture
- Laying/sleeping on furniture
- Moving or rearranging furniture
- Rugs/carpets
- Food or beverages (except water) outside of the kitchen/dining room
- Delivery orders from restaurants, retail stores, or services such as DoorDash or Instacart
- Eating other clients' food or beverages
- Labeling community food as personal
- Tin foil or plastic wrap over food in the refrigerator
- Open beverages in the refrigerator
- Feeding wild animals

### Chores:

- Chore List is kept with the House Manager
- House Manager can answer chore questions
- Trading chores must be approved by staff
- Chores need to be maintained throughout the day and fully completed by 9pm
- Expectations are listed on the chore list

### Bedrooms

- Beds to be made & rooms cleaned by 8:00am M-F & by 12pm on Saturday & Sunday
- Belongings must fit neatly in your dresser and/or closet
- Items can be hung from cork board only
- No food and/or beverage (other than water) is allowed in bedroom. All food/beverage items are to be stored in assigned locker. If food/beverage is found in bedroom it will be taken and disposed of.

### Wake-up/Bedtime/Curfew:

- Wake up: Mon.-Fri. 7:00am & Sat. & Sun. 9:00am
- Bedtime: Sun.-Thu. 10:30pm & Fri. & Sat. 12:30am
- Curfew: Sun.-Thu. 10:00pm & Fri. & Sat. 12:00am



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Client Phone: Detailed expectations posted by client phone

Kitchen: Detailed expectations posted on refrigerator

Laundry: Detailed expectations posted in laundry room

Mail: Detailed expectations posted by client mailboxes

TV: Detailed expectations posted by TV's

### Miscellaneous Information

- Dinner and announcements are at 5:00p.m
- Food items (packaged or prepared) may be dropped off during designated drop-off times only and must fit within lockers and/or shared client refrigerator.  
Medication times are posted at House Manager's Office
- Packages, personal items and rooms will be searched by staff
- Belongings will be stored 30 days from the date of discharge
- Maintain confidentiality in regard to others
- Smoking in designated area only; use receptacles provided
- Sign the "In and Out Sheet", move your magnet, and notify staff when you leave or return
- A clear/covered cup provided upon admission; replacement \$5.00 (do not microwave)
- Any beverage container needs to be clear, covered and labeled with name
- Coffee is available from staff prior to 6:00pm
- Fully dressed to include socks or shoes in common areas
- Maintain personal appearance and hygiene
- Electric hair devices must be unplugged when not in use
- Windows must be closed and locked unless otherwise instructed
- Burning sage is allowed outside
- If you would like a COVID vaccine, please see the Clinical Supervisor
- Face to face contact is required when signing in and signing out
- Locker provided for dry food and sealed beverage storage (all items must fit in locker)