

Treatment, recovery group works at success stories

Apricity agency marks National Recovery Month

By Jennifer Parmley
NEWS CONTRIBUTOR

September is National Recovery Month, an observance that began in 1989 to educate the public that substance use treatment and mental health services can help people live healthy, rewarding lives.

Apricity, a nonprofit, full-spectrum, state-licensed, alcohol and other drug abuse (AODA) certified treatment and recovery program, will celebrate the month by bringing awareness about substance use disorders and highlighting the strength of adults they serve in recovery through their annual fundraising campaign.

Apricity provides inpatient and transitional residential treatment, recovery support services, sober living, and job readiness/soft skills training to individu-

als afflicted with substance use disorders (SUD). Additionally, it provides community outreach and education about SUD, trains recovery coaches and supports patients in 10 regional Ascension and ThedaCare emergency departments and several behavioral health clinics who have experienced an opioid/stimulant overdose or have a history of misuse.

"Recovery is challenging every day for every person and it's a huge accomplishment," said Jill Harp, development director at Apricity. "We like to show that recovery works, that it happens every day, and that others can do it, too."

In addition to highlighting client success stories on social media and other marketing initiatives, the program will highlight stories from community figures such as law enforcement and community advocates.

"Recovery impacts everyone," Harp said. "When people are in recovery, the

community is for the better."

Apricity recently shared two success stories of clients who have succeeded through its programs.

Emma, 34, received treatment four years ago from Apricity for drug addiction that began in her 20s. Shortly after treatment, she sought Apricity's Contract Packaging recovery supportive, job-training program.

The mother of two admits her social anxiety issues were strong during treatment but in the five years since joining the program, she's come out of her shell and gained confidence. After working her way through the program, she is a team leader, supervising others.

"I love it," she said. "I feel like there are always opportunities for other things to do there. It's different for every person, which I think is really cool."



Photo from Apricity

Emma is a mother of two who has found recovery success since joining the Apricity program.

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Krissa, 35, is another example of success through Apricity, including treatment, recovery-supportive job-training employ-

ment and sober living and transitional housing, after negative experiences with other treatment approaches for opioid addiction beginning in her early 20s.

"I had a lot of bad experiences with counselors in the past," Krissa said. "But then I had good experiences with the counselors at Apricity and I realized there are good counselors out there, counselors you can connect with. That just gave me hope."

Today she is enrolled at Fox Valley Technical College, working toward becoming a substance use counselor.



Krissa

"I just want to help and pay it forward," she said.

Krissa also will soon begin working as a house manager at Apricity's Mooring House, a men's residential treatment facility in Appleton that provides a home-like setting where clients can feel safe and supported in a community, while working toward treatment goals and building a network of peers in recovery. Casa Clare, the women's equivalent, is also in Appleton.

To catapult donations that support Apricity's core treatment and recovery programs during Recovery Month, there is a matching gift challenge totaling \$30,000 courtesy of the Boldt Co., U.S. Venture and an anonymous donor. All donations Apricity receives throughout the month will be matched dollar for dollar up to \$30,000.

To donate to Apricity's gift challenge, visit apricity.networkforgood.com/projects/194903-recovery-month-2023 and hit the donate button, or to send a gift: Apricity, 1010 Strohmeyer Dr., ATTN: Recovery Month, Neenah, WI 54956.